May 6 & 7, 2024

Z^{ANNUAL} SOUTHERN NEVADA SUMMIT ON CHILDREN'S MENTAL HEALTH



On May 6th and 7th, 2024, the Clark County Children's Mental Health Consortium (CCCMHC) held the 7th Annual Southern Nevada Summit on Children's Mental Health in person at the Las Vegas Valley Water District. The summit was a collaborative effort with Day 1 organized by the CCCMHC's Public Awareness and Behavioral Wellness Workgroup with the help of the Nevada Institute for Children's Research and Policy (NICRP) at UNLV. Day 2 was facilitated by Raise the Future where they trained attendees on Trust-Based Relation Intervention.

This year's summit welcomed a maximum of 60 attendees per day, with demand exceeding availability, as evidenced by a waiting list of 27 people. Table 1 (below) presents a breakdown of online registrations through the Eventbrite platform and the total revenue collected for Day 1. The cost to attend Day 1 was \$15, although accommodations were available on a case-by-case basis for those where cost was a barrier. Table 2 (below) outlines the online registrations managed by Raise the Future through Eventbrite for Day 2, which was free for all attendees.

Table 1. Registration & Fees for Day 1

| | # ATTENDED | # REGISTERED | # WAITLISTED | |
|-----------|------------|---------------------|---------------------|--|
| IN PERSON | 51 | 58 | 27 | |
| | | To | tal Revenue: 625.71 | |

Table 2. Registration for Day 2

| | # ATTENDED | # REGISTERED | # WAITLISTED |
|-----------|------------|---------------------|--------------|
| IN PERSON | 45 | 57 | 0 |

On Day 1 of this year's summit, attendees were provided a full day of training consisting of 5 different presentations on May 6th. On May 7th, Raise the Future conducted a full day training on the Trust-Based Relational Intervention model. The attached agenda for Day 1 (page 3) provides a description of each presentation as well as the name and affiliation of the lead presenter. Licensed professionals were able to claim up to 6 hours of Continuing Education Units from this summit, 2 credit hours being suicide prevention training provided by the Nevada Office of Suicide Prevention.

All Day 1 attendees were asked to complete a brief evaluation at the end of each presentation to provide feedback on each of the sessions and the event as a whole. The number of responses varied for each presentation, with the highest response received for the Opening Panel – Shaping Children's Mental Health (n=40) and Digital Mental Wellbeing by Larissa May (n=40). The lowest response received was from Family Engagement – Is That Too Much to Expect? (n=36) and Amplifying Youth Voice: Connection and Mental Health (n=36). Overall, those who completed the evaluation surveys were satisfied with the learning opportunities provided. A detailed breakdown of these results can be found in Table 3 (below).

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Table 3. Presentation Evaluation Scores for Day 1

| DAY 1 – MONDAY, MAY 6 th | Strongly Agree | Agree | Disagree | Strongly Disagree | Not Applicable |
|---|-------------------|-------|----------|----------------------|-------------------|
| Presentation 1: Opening Panel - Shaping Children's Mental Health (n=40) | | | | | |
| The objectives of this session were clear | 72.4% | 22.5% | 2.5% | 0.0% | 2.5% |
| The facilitator(s) was/were knowledgeable and well prepared | 85.0% | 12.5% | 0.0% | 0.0% | 2.5% |
| <i>I/my organization gained new knowledge from this session</i> | 77.5% | 20.0% | 0.0% | 0.0% | 2.5% |
| Overall, this session was useful for me | 77.5% | 17.5% | 2.5% | 0.0% | 2.5% |
| Presentation 2: Digital Mental Wellbeing (n=40) | | | | | |
| The objectives of this session were clear | 97.5% | 2.5% | 0.0% | 0.0% | 0.0% |
| The facilitator(s) was/were knowledgeable and well prepared | 97.5% | 2.5% | 0.0% | 0.0% | 0.0% |
| I gained new knowledge from this session | 97.5% | 2.5% | 0.0% | 0.0% | 0.0% |
| Overall, this session was useful for me | 97.5% | 2.5% | 0.0% | 0.0% | 0.0% |
| Presentation 3: Community & Parents Firearm Safety (n=39) | | | | | |
| The objectives of this session were clear | 74.4% | 23.0% | 0.0% | 2.6% | 0.0% |
| The facilitator(s) was/were knowledgeable and well prepared | 87.2% | 12.8% | 0.0% | 0.0% | 0.0% |
| I gained new knowledge from this session | 74.4% | 23.0% | 0.0% | 2.6% | 0.0% |
| Overall, this session was useful for me | 69.2% | 28.2% | 0.0% | 2.6% | 0.0% |
| Presentation 4: Family Engagement – Is That Too Much to E | xpect? (n=3 | 6) | | | |
| The objectives of this session were clear | 91.7% | 8.3% | 0.0% | 0.0% | 0.0% |
| The facilitator(s) was/were knowledgeable and well prepared | 97.2% | 2.8% | 0.0% | 0.0% | 0.0% |
| I gained new knowledge from this session | 83.3% | 16.7% | 0.0% | 0.0% | 0.0% |
| Overall, this session was useful for me | 86.1% | 13.9% | 0.0% | 0.0% | 0.0% |
| Presentation 5: Amplifying Youth Voice: Connection and Mental Health (n=36) | | | | | |
| The objectives of this session were clear | 83.3% | 13.9% | 0.0% | 0.0% | 2.8% |
| The facilitator(s) was/were knowledgeable and well prepared | 86.1% | 11.1% | 0.0% | 0.0% | 2.8% |
| I gained new knowledge from this session | 80.6% | 13.9% | 2.8% | 0.0% | 2.8% |
| Overall, this session was useful for me | 83.3% | 11.1% | 2.8% | 0.0% | 2.8% |
| Overall Event Questions (n=36) | | | | r | |
| The communication leading up to the symposium was clear and | | | | | |
| sufficient | 88.9% | 11.1% | 0.0% | 0.0% | 0.0% |
| The location of this event was convenient and easy to find | 88.9% 86.1% | 11.1% | 0.0% | 0.0% | 0.0% |
| Overall, the symposium was useful for me/my organization | | 13.9% | 0.0% | 0.0% | 0.0% |

Overall Event Additional Comments:

- "All presenters were incredibly insightful and informative"
- "Great info. Helpful resources."
- "Best one ever!"
- "It was nice to hear many presenters refer to rural Nevada as they are so underserved & overlooked"
- *"Great information from Larissa May NV PEP activity was very powerful! Wonderful youth panel!"*
- "Firearm Safety was too long"
- "Could've had one more presenter"
- "Maybe have slides with contact information for panelists"

7th ANNUAL SOUTHERN NEVADA SUMMIT ON Y's Mental Health Matters CHILDREN'S MENTAL HEALTH

Las Vegas Valley Water District • • • • • Monday, May 6, 2024 - Agenda

| 798 | 8:30 am – 9:00 am: Registration | | | | |
|--|--|--|--|--|--|
| Welcome & Opening Panel – Shaping Children's Mental Health in Nevada | | | | | |
| 9:00 am – 10:10 am | Amanda Haboush-Deloye – UNLV Nevada Institute for Children's Research and Policy This panel discussion will focus on new and upcoming initiatives in Clark County and the state that will improve child and family well-being including BeHERE NV, the Nevada Association for Play Therapy, the Nevada Infant-Early Childhood Mental Health Association, and the Child Mental Health Action Coalition. | | | | |
| | Digital Mental Wellbeing | | | | |
| 10:15 am – 11:15 am | Larissa May, Founder – Half the Story Project The future of digital wellness education is pivotal for the emotional and social development of the next generation. Larissa May will showcase #HalfTheStory's evidence-informed, school-based intervention – SocialMediaU (SMU), which empowers young individuals to comprehend and pursue digital wellness. By fostering emotional regulation skills and digital metacognition habits, SMU equips them to navigate the digital landscape more effectively. | | | | |
| | Community & Parents Firearm Safety Part 1 | | | | |
| 11:20 am – 12:20 pm | Thomas Mendenhall, Lead Instructor – Office of Suicide Prevention Facts and Data on Child Access, NV Statutes on securing Firearms, Extreme Risk Protection Order (ERPO), Firearms – Opposing Statements, Firearm Safety – A Parent Responsibility, Videos – Children and Firearms, Firearm Securing Devices, References, Question and Answer Period | | | | |
| | 12:30 pm – 1:30 pm: Lunch | | | | |
| | Community & Parents Firearm Safety Part 2 | | | | |
| 1:40 pm - 2:40 pm | Thomas Mendenhall, Lead Instructor – Office of Suicide Prevention Continuation of 2-hour training. | | | | |
| | Family Engagement – Is That Too Much to Expect? | | | | |
| 2:50 pm - 3:50 pm | Magdalena Ruiz, Family Peer Support Services Director – Nevada PEP & Carley Murray, Statewide Family Network Director – Nevada PEPIn this interactive activity, participants will examine the complexities of family engagement within educational and community service settings. We recognize that family engagement yields positive outcomes in schools, including improved attendance and test scores. Similarly, when it comes to a child's mental health care, culturally responsive family engagement reduces anxiety, promotes overall well-being, and supports continued treatment. By examining a real-world scenario and observing how parents are pulled in many different directions, participants will gain insights, recognize ineffective strategies, and learn why families stay engaged. | | | | |
| Amplifying Youth Voice: Connection and Mental Health | | | | | |
| 4:00 pm _ 4:45 pm | Ryley Harris, Youth Mentor – Youth M.O.V.E Nevada In this panel, youth leaders from various organizations in Clark County will share their unique perspectives and lived experiences navigating mental health challenges. Through open and honest dialogue, they will shed light on the challenges they face, what they wish community providers and educators knew, and the vital role of connectedness. Attendees will gain invaluable insights into the needs of youth with mental health challenges and learn actionable strategies to better support and empower youth. | | | | |
| 4 | 1:45 pm – 5:00 pm: Youth Contest Winners Awarding & Prize Presentation | | | | |



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